

Training and
Development

ADDICTIVE RELATIONSHIPS WITH FOOD

Who is this workshop for?

This course will suit anyone who already has a basic understanding and experience of the counselling process and is interested in how addiction affects the family both individually and as a system. This will help to improve the understanding, knowledge and experience of those wishing to work with addiction within the family.

Time:
9.30am
to
4:30pm

Date:
Friday
13th July
2018

Aims Of the course

- To understand the types of eating disorders that can be treated under the addiction umbrella
- To be aware of the addiction model for working with eating disorders
- To be able to identify a client's addictive relationship with food
- To feel more skilled and confident when working with or counselling a person with addictive relationships with food
- To have identified referral routes and support in the local community

CPD: 7 hours

Trainer

Vicky Abadi

Families and Addiction Co-ordinator at The Counselling and Family Centre with 26 years experience of working with addictions. MBACP counsellor, qualified for 21 years and is FDAP Certified (Federation of Alcohol and Drug Practitioners).

Location :
The Counselling and
Family Centre
40 Mayors Road
Altrincham
WA15 9RP

Tea and coffee provided. Light refreshments and lunch are available from our café or bring a packed lunch.

Cost:
£95

Non-invoice bookings: 25% of the total cost is payable on booking to secure a place. The remaining 75% is payable 14 days before the start of the course. Deposit non-refundable.
Cheque: please make payable to The Counselling & Family Centre. Card: please telephone 0161 941 7754 to make a card payment or for bank details to make a BACS payment. Invoice Only: please give details of whom & where to send to. Full payment required to secure booking. 75% refundable in cases of cancellation if cancelled more than 14 days before course date.
For further information or to book the course please call: 0161 941 7754 or email sarah.barker@thecfc.org.uk