

Training and
Development

DRAWING & TALKING

- a therapeutic method for working with children and young people -

Who is this course for?

This course is particularly for those who have already completed the 4 day 'Working Therapeutically with Children and Young People' Foundation Course, but also for counsellors, teachers, learning mentors, teaching assistants, nurses and other clinicians, or any other empathic adult working with children on a regular basis.

Time:
10.00am
to
4.00pm

Date:

Monday
19th November
2018

Aims of the course

- To have an understanding of the theory behind this method of working (Psychology and neurobiology of trauma)
- To look at the stages of drawing (Initial, middle and ending)
- To have the opportunity for skills practice, experiential learning and supervision in applying the technique

Drawing and Talking is a safe, easy to learn method of working with children and young people. It aims to help in the relief of any underlying emotional difficulties that may be affecting behaviours and learning. The core of the method lies in encouraging the child to draw with a person they feel comfortable with, at the same time each week, whilst asking gentle non-intrusive questions about the drawing. Over time a symbolic resolution is found to old conflicts, and old traumas can be healed. The child will become more able to control their behaviour and better able to access the learning process in school. Based on Jungian principles and developed by Dr John Allans, this drawing technique was used by him to train students at the University of British Columbia.

CPD: 6 hours

Trainer

Sarah Barker

Sarah is an MBACP registered counsellor working with children and young people within school settings and domestic abuse services. She is also the Training Manager at The Counselling & Family Centre and has 20 years' experience working in Human Resources within global organisations.

Location :
The Counselling and
Family Centre
40 Mayors Road
Altrincham
WA15 9RP

Cost:

£95

Tea and coffee provided. Light refreshments and lunch are available from our café or bring a packed lunch.

Non-invoice bookings: 25% of the total cost is payable on booking to secure a place. The remaining 75% is payable 14 days before the start of the course. Deposit non-refundable.

Cheque: please make payable to The Counselling & Family Centre. Card: please telephone 0161 941 7754 to make a card payment, or for bank details to make a BACS payment. Invoice Only: please give details of whom & where to send to. Full payment required to secure booking. 75% refundable in cases of cancellation if cancelled more than 14 days before course date.

For further information or to book the course please call: 0161 941 7754 or email sarah.barker@thecfc.org.uk