

ADDICTIVE RELATIONSHIPS WITH FOOD

Date: Friday 3rd November 2017

Time: 9.30am – 4.30 pm

Location

The Counselling and Family Centre, 40 Mayors Road, Altrincham, Cheshire, WA15 9RP

Trainer

Victoria Abadi. Post Grad Dip in Counselling (1997). FDAP Certified (Federation of Alcohol and Drug Practitioners). Registered MBACP. Victoria has worked as a specialist addiction counsellor for 20 years and coordinates the Family & Addiction Service at the Counselling & Family Centre alongside working in private practice with a wide range of addictions and addictive disorders.

Who is the course for?

This course will suit anyone who already has a basic understanding and experience of the counselling process and is interested in how addictions affect the family both individually and as a system. This will help to improve the understanding, knowledge and experience of those wishing to work with addiction within the family. This 1 day workshop is designed to be part of the full 7 Day Families and Addiction Programme offered over the year. It is also suitable as a 'stand-alone' day, with a focus of helping practitioners to engage with family members both individually and as part of the family system who are affected by addiction.

Aims of course

Following completion of this day you will:

- Understand the types of eating disorders that can be treated under the addiction umbrella
- Be aware of the addiction model for working with eating disorders
- Be able to identify a client's addictive relationship with food
- Feel more skilled and confident when working with or counselling a person with addictive relationships with food
- Have identified referral routes and support in the local community.

CPD hours: 7

COST: £130. Discount available if booking the 4 day Working with Families and Addiction Foundation course and associated workshops together - £720 instead of £880.

Non-invoice bookings: 25% of the total cost is payable on booking to secure a place. The remaining 75% is payable 14 days before the start of the course. Deposit non-refundable.

Cheque: please make payable to The Counselling & Family Centre. Card: please telephone 0161 941 7754 to make a card payment. BACS payment - HSBC: Account Name: The Counselling and Family Centre Sort Code: 400822.

Account No: 61715429.

Invoice Only: please give details of whom & where to send to. Full payment required to secure booking. 75% refundable in cases of cancellation if cancelled more than 14 days before course date.

Tea and coffee provided. Light refreshments including sandwiches will be available to buy from our café or bring a packed lunch.

For further information or to book the course please call: 0161 941 7754 or email: training@thecfc.org.uk