

## **CO - DEPENDENCY WITHIN THE ADDICTED FAMILY SYSTEM**

**Date:** Friday 8<sup>th</sup> September 2017

**Time:** 9.30am until 4.30pm

### **Location**

The Counselling and Family Centre, 40 Mayors Road, Altrincham, Cheshire, WA15 9RP

### **Trainer**

Victoria Abadi. Post Grad Dip in Counselling (1997). FDAP Certified (Federation of Alcohol and Drug Practitioners). Registered MBACP. Victoria has worked as a specialist addiction counsellor for 20 years and coordinates the Family & Addiction Service at the Counselling & Family Centre alongside working in private practice with a wide range of addictions and addictive disorders.

### **Who is the course for?**

This course will suit anyone who already has a basic understanding and experience of the counselling process and is interested in how addictions affect the family both individually and as a system. This will help to improve the understanding, knowledge and experience of those wishing to work with addiction within the family. This 1 day workshop is designed to be part of the full 7 Day Families and Addiction Programme offered over the year. It is also suitable as a 'stand-alone' day, with a focus of helping practitioners to engage with family members both individually and as part of the family system affected by addiction.

### **Aims of course**

- To understand what co-dependency is
- To understand how co-dependency occurs
- To learn ways of working with co-dependency within the family as a whole and with individuals.
- To be able to identify the signs and symptoms of co-dependency
- To know what help is in the community for co-dependency

**CPD hours:** 7 hours

**COST: £130. Discount available if booking the 4 day Working with Families and Addiction Foundation course and associated workshops together - £720 instead of £880.**

*Non-invoice bookings: 25% of the total cost is payable on booking to secure a place. The remaining 75% is payable 14 days before the start of the course. Deposit non-refundable.*

*Cheque: please make payable to The Counselling & Family Centre. Card: please telephone 0161 941 7754 to make a card payment. BACS payment - HSBC: Account Name: The Counselling and Family Centre Sort Code: 400822. Account No: 61715429.*

*Invoice Only: please give details of whom & where to send to. Full payment required to secure booking. 75% refundable in cases of cancellation if cancelled more than 14 days before course date.*

Tea and coffee provided. Light refreshments including sandwiches will be available to buy from our café or bring a packed lunch.

For further information or to book the course please call: 0161 941 7754 or email: [training@thecfc.org.uk](mailto:training@thecfc.org.uk)