

WORKING WITH FAMILIES AND ADDICTION

Dates: Friday 7th and Saturday 8th July and Friday 14th and Saturday 15th July 2017

Time: 9.30am until 4.30pm

Location: The Counselling and Family Centre, 40 Mayors Road, Altrincham, WA15 9RP

Trainer

Victoria Abadi. Post Grad Dip in Counselling (1997). FDAP Certified (Federation of Alcohol and Drug Practitioners). Registered MBACP. Victoria has worked as a specialist addiction counsellor for 20 years and coordinates the Family & Addiction Service at the Counselling & Family Centre alongside working in private practice with a wide range of addictions and addictive disorders.

Who is the course for?

Counsellors and health professionals who already work with people who are struggling with a loved ones use of substances. Social workers, pastoral staff, teaching staff, addiction support workers, helpline counsellors, family support workers, and anyone interested in understanding the issues these families are facing. It will explore how to restore balance & emotional wellbeing to families that are often in turmoil.

(This is a non-accredited programme that will allow trainees to progress into further studies in order to work with families affected by addiction). The focus will be on addiction and the effects rather than remedial family therapy.)

There are 3 additional linked workshops which will compliment this 4 day course: Co-dependency within the Addicted Family System (Friday 8th September), Working with Addictive Processes such as Gambling and Sex Addiction (Friday 13th October), Addictive Relationships with Food (Friday 3rd November).

Aims Of the course

- Understand how addiction affects families and communities
- Understand how to work with co-dependency– to be followed up further on stand-alone training day on co-dependency later in the year.
- Hold the balance of the family dynamic in the room ensuring all members feel heard.
- Be able to work with conflict and powerful emotions in the family session.
- Consider the requirements of the assessment process, looking at communication and interaction with all of the family members – balancing the different needs of children, young people and adults.
- Explore a range of addictive processes – alcohol, drugs, food, gambling, sex. – to be followed up further on stand-alone training days on co-dependency later in the year.
- Have an understanding of a range of different theories useful for working with both families and addiction

Continuing Professional Development hours: 28 hours

COST

Cost: £490. Discount available if also booking the additional linked 3 x 1 day workshops - reduced cost of £720 instead of £880.

Non-invoice bookings: 25% of the total cost is payable on booking to secure a place. The remaining 75% is payable 14 days before the start of the course. Deposit non-refundable.

Cheque: please make payable to The Counselling & Family Centre. Card: please telephone 0161 941 7754 to make a card payment. BACS payment - HSBC: Account Name: The Counselling and Family Centre Sort Code: 400822.

Account No: 61715429.

Invoice Only: please give details of whom & where to send to. Full payment required to secure booking. 75% refundable in cases of cancellation if cancelled more than 14 days before course date.

Tea and coffee provided. Light refreshments including sandwiches available from our café or bring a packed lunch.

For further information or to book the course please call: 0161 941 7754 or email training@thecfc.org.uk