

Training and  
Development

## GROUP FACILITATION SKILLS

### Who is the course for?

Anyone who is interested in facilitating a group, whether it be a support group, focus group or learning group.

### Aims of course:

To understand group dynamics, the role of facilitator and the skills required to enable a group to operate effectively.

**Time:**  
10.00am  
to  
1.00pm

### Date:

Friday  
27th April  
2018

### Course Content:

- To explore the role of facilitator
- To look at the skills required of an effective facilitator
- To understand group dynamics
- To learn how to encourage contributions within the group
- To expand your self awareness, appreciating the skills you have, what skills you need to develop and how you will develop them
- To identify your own preferred facilitation style and be able to adjust your style depending on the needs of the group

### Trainer

Sarah Barker

With 20 years experience of working in HR within European & global businesses, Sarah is also a qualified Counsellor working with adult individuals and children and young people and is currently also the Training Manager at the Counselling and Family Centre.

### Location :

The Counselling and  
Family Centre  
40 Mayors Road  
Altrincham  
WA15 9RP

Tea and coffee provided. Light refreshments and lunch are available from our café or bring a packed lunch.

*Non-invoice bookings: 25% of the total cost is payable on booking to secure a place. The remaining 75% is payable 14 days before the start of the course. Deposit non-refundable.*

*Cheque: please make payable to The Counselling & Family Centre. Card: please telephone 0161 941 7754 to make a card payment. Or for details to make an online BACS payment.*

*Invoice Only: please give details of whom & where to send to. Full payment required to secure booking. 75% refundable in cases of cancellation if cancelled more than 14 days before course date.*

**Cost:**

**£45**

For further information or to book the course please call: 0161 941 7754 or email: [sarah.barker@thecfc.org.uk](mailto:sarah.barker@thecfc.org.uk)