

Training and
Development

INTRODUCTION TO COUNSELLING

Who is this workshop for?

This course is for anyone considering a career in counselling and/or embarking on further counselling training. It will be useful for those who work in any helping role such as social health and criminal justice services or who volunteer in emotional well-being charitable organisations. If your work includes working with distressed people, this course will be invaluable.

This is not a counselling qualification and those considering further training after this day may like to contact the British Association for Counselling & Psychotherapy (BACP) for further information.

Time:
10.00am
to
4:00pm

Date:

Monday
14th May
2018

Aims Of the course

- To understand what is meant by counselling and counselling skills
- To demonstrate effective interpersonal communication skills
- To recognise the potential impact of using effective counselling skills and the importance of confidentiality
- To have a broad overview of differing counselling orientations.

Trainer

Sarah Barker

With 20 years experience of working in HR, Sarah is the Training Manager at The Counselling and Family Centre and is also a qualified counsellor working with adult individuals and children and young people.

Location :
The Counselling and
Family Centre
40 Mayors Road
Altrincham
WA15 9RP

Tea and coffee provided. Light refreshments and lunch are available from our café or bring a packed lunch.

Cost:

£60

Non-invoice bookings: 25% of the total cost is payable on booking to secure a place. The remaining 75% is payable 14 days before the start of the course. Deposit non-refundable.

Cheque: please make payable to The Counselling & Family Centre. Card: please telephone 0161 941 7754 to make a card payment or for bank details to make a BACS payment. Invoice Only: please give details of whom & where to send to. Full payment required to secure booking. 75% refundable in cases of cancellation if cancelled more than 14 days before course date.

For further information or to book the course please call: 0161 941 7754 or email sarah.barker@thecfc.org.uk