

Training and  
Development

## USING CREATIVE APPROACHES WITH CLIENTS

### Who is this workshop for?

This workshop is suitable for counsellors, psychotherapists and anyone working in similar support roles and caring professions who are interested and willing to use creative media in their work with adults and/or children & young people.

### Aims Of the course

This experiential workshop offers counsellors the opportunity to experience for themselves the power of creative media and think about how they can incorporate it into their own practice. In particular, the aims are:

- To experience working with a variety of creative methods
- To encourage the exploration of our own internal creative resources
- To understand how these approaches can work therapeutically and safely for the client
- To consider how these approaches may be incorporated into individual practice
- To HAVE FUN

PLEASE BE AWARE THIS IS A MESSY WORKSHOP!

CPD Hours : 6.5

### Date:

Saturday  
16th June  
2018

### Trainer

Penny Bullock

MBACP (Snr. Accred.), MSc Psychological Trauma (distinction), Post-Graduate Certificate in Counselling Supervision. Penny has worked as a senior counsellor within the NHS for 15 years, working with both adults and young people. She currently specialises in trauma work and has an interest in research. Penny has been a Supervisor for over 10 years working for different agencies and in private practice.

**Time:**  
9.30am  
to  
4.00pm

### Location :

The Counselling and  
Family Centre  
40 Mayors Road  
Altrincham  
WA15 9RP

Tea and coffee provided. Light refreshments and lunch are available from our café or bring a packed lunch.

Cost:

£95

*Non-invoice bookings: 25% of the total cost is payable on booking to secure a place. The remaining 75% is payable 14 days before the start of the course. Deposit non-refundable.*

*Cheque: please make payable to The Counselling & Family Centre. Card: please telephone 0161 941 7754 to make a card payment or for bank details to make a BACS payment. Invoice Only: please give details of whom & where to send to. Full payment required*