

## WORKING WITH ADDICTIONS

### Date

Friday 30<sup>th</sup> June 2017

### Time

10.00am – 4.00 pm

### Location

The Counselling and Family Centre, 40 Mayors Road, Altrincham, Cheshire, WA15 9RP

### Trainer

Victoria Abadi. Post Grad Dip in Counselling (1997). FDAP Certified (Federation of Alcohol and Drug Practitioners). Registered MBACP. Victoria has worked as a specialist addiction counsellor for 20 years and coordinates the Family & Addiction Service at the Counselling & Family Centre alongside working in private practice with a wide range of addictions and addictive disorders.

### Who is the course for?

This one day workshop is aimed at qualified & trainee counsellors & associated professionals/health workers wishing to develop their own levels of understanding & professional development around issues of addiction, whether that addiction be alcohol or drugs. The relationship with addictive people is often complex & confusing & counsellors can feel de-skilled when working within this interaction. This course will include learning through presentations, mini lectures, group work and small group work processes.

### Aims of course

Following completion of this day you will be able to:

- Understand addiction as a disease.
- Understand addiction as a family illness.
- Feel more skilled and confident when counselling a person with an addictive personality.
- Be aware of theoretical models of working with addiction.
- Increase your awareness of an addiction, whether it be in the client themselves or someone the client is in a relationship with.
- Develop an understanding of the addictive person's dependency.
- Address ways of engaging and supporting the addictive personality within the counselling relationship.
- Identify referral routes and support in the local community.

### Continuing Professional Development hours

6

### COST

£95.00

*Non-invoice bookings: 25% of the total cost is payable on booking to secure a place. The remaining 75% is payable 14 days before the start of the course. Deposit non-refundable.*

*Cheque: please make payable to The Counselling & Family Centre. Card: please telephone 0161 941 7754 to make a card payment. BACS payment - HSBC: Account Name: The Counselling and Family Centre Sort Code: 400822.*

*Account No: 61715429.*

*Invoice Only: please give details of whom & where to send to. Full payment required to secure booking. 75% refundable in cases of cancellation if cancelled more than 14 days before course date.*

Tea and coffee provided. Light refreshments including sandwiches will be available to buy from our café or bring a packed lunch.

For further information or to book the course please call: 0161 941 7754 or email: [training@thecfc.org.uk](mailto:training@thecfc.org.uk)