

Training and
Development

WORKING WITH FAMILIES

(4 Day Foundation Programme)

Who is this course for?

This course will suit professionals who work alongside families. It will be more beneficial to those who already have experience of working with children or young people and have some understanding of child development. It will help in providing more of an insight into effective communication with family members within a framework of positive change. There are 3 additional linked workshops which will compliment this 4 day course. (This is a non-accredited programme that will deepen the understanding of working therapeutically with families.)

Time:
9:30am
to
4:30pm

Date:

November 2018
Friday 9th
Saturday 10th
Friday 23rd
Saturday 24th

Aims Of the course

- To understand the family lifecycle and how it affects the family members
- To have knowledge of the practical differences between working with individuals and working with family groups
- To hold the balance of the family dynamic in the room
- To manage conflict and powerful emotions within the helping process
- To consider the requirements of an assessment process, gaining an appreciation of the communication and interaction between all of the family members
- To have an understanding of a range of different theories useful for when working with families
- To have an awareness of different types of family systems

CPD: 28 hours

Trainer

Helena Hodgson

With over 17 years experience of working with children, young people and families in different settings, Helena is an MBACP qualified counsellor working with families, individuals and children & young people. Helena is currently a Family Counsellor at CFC and the manager of a counselling service in a primary school for a national charity.

Location :
The Counselling and
Family Centre
40 Mayors Road
Altrincham
WA15 9RP

Tea and coffee provided. Light refreshments and lunch are available from our café or bring a packed lunch.

Cost:

£370

Non-invoice bookings: 25% of the total cost is payable on booking to secure a place. The remaining 75% is payable 14 days before the start of the course. Deposit non-refundable.

Cheque: please make payable to The Counselling & Family Centre. Card: please telephone 0161 941 7754 to make a card payment. or for bank details to make a BACS payment. Invoice Only: please give details of whom & where to send to. Full payment required to secure booking. 75% refundable in cases of cancellation if cancelled more than 14 days before course date.

For further information or to book the course please call: 0161 941 7754 or email sarah.barker@thecfc.org.uk