

WORKING WITH FAMILIES WITH A PARENTING FOCUS

Date: Friday 6th October 2017

Time: 9.30am until 4.30pm

Location

The Counselling and Family Centre, 40 Mayors Road, Altrincham, Cheshire, WA15 9RP

Trainer

Helena Hodgson. Dip. Therapeutic Counselling. Post Grad Cert in Therapy with Children and Families. Registered MBACP

Helena has over 15 years of experience of working with children, young people and families in a variety of roles including Police Schools Liaison Officer, Youth and Community Liaison Officer and working in pastoral care in a pupil referral unit for key stage 3 and 4 young people. Helena created the 'Safer Stranger Safer Buildings' code and trialed it locally, with it gaining acclaim from national children's charities.

Helena works with individuals, families and CYP. Helena is the Family Counsellor at CFC.

Who is the course for?

This course will suit anyone who already has a basic understanding and experience of the counselling process and also has experience of working with CYP. This will help to improve the understanding, knowledge and experience of those wishing to work with family groups. This 1 day workshop is designed to be part of the full 7 Day Families Programme offered over the year. It is also suitable as a 'stand alone' day, with a focus helping practitioners to engage with every member in a family group, the particular emphasis being on working with parenting issues, adapting to suit the needs of the family.

Aims of course

Following completion of this day you will have an understanding of:

- Different parenting styles and consideration of the origins of the differences
- The impact of the family lifecycle on parenting styles
- How systemic imbalance in the family can cause confusion for the child
- An understanding of adapting parenting style as the family grows together; parenting young people

Continuing Professional Development hours

7 hours

COST: £130

Non-invoice bookings: 25% of the total cost is payable on booking to secure a place. The remaining 75% is payable 14 days before the start of the course. Deposit non-refundable.

Cheque: please make payable to The Counselling & Family Centre. Card: please telephone 0161 941 7754 to make a card payment. BACS payment - HSBC: Account Name: The Counselling and Family Centre Sort Code: 400822.

Account No: 61715429.

Invoice Only: please give details of whom & where to send to. Full payment required to secure booking. 75% refundable in cases of cancellation if cancelled more than 14 days before course date.

Tea and coffee provided. Light refreshments including sandwiches available from our café or bring a packed lunch.

For further information or to book the course please call: 0161 941 7754 or email: training@thecfc.org.uk